

# Tips for making your home senior friendly

**STATEPOINT** – More seniors than ever before are living healthy independent lives well into their golden years. And a vast majority want to remain in their homes as long as possible, according to National Aging in Place Council.

However, most houses were not built to adapt to our changing needs as we age.

By 2030, Americans 65 and older will make up 20 percent of the population. For those wishing to make aging-in-place easier, there are several things to consider.

## De-clutter rooms

Eliminate clutter that could get in your way, such as planters and small console tables.

Pay attention to area rugs and other tripping hazards. And if you have wood floors and carpeting, install transition strips where they adjoin.

## Evaluate your entryway

To ideally accommodate a wheelchair, the doorway to your home should be at least 32-inches wide. Even without a wheelchair, a wider opening can be beneficial when entering and exiting.

There are different doors you can install to meet your mobility needs and personal style.

Also consider how the door swings. A door that swings

in may be easier to operate than one swinging out. A remodeling contractor can help determine what your home can accommodate structurally, provide recommendations for styles and handle installation.

## Tweak Bathrooms and Kitchens

Lowering countertops in your kitchen and bathroom can make using them easier. And consider grab-bars for showers and bathtubs. For their part, curbless showers and bathtubs with entrances that open can reduce the possibility of falling.

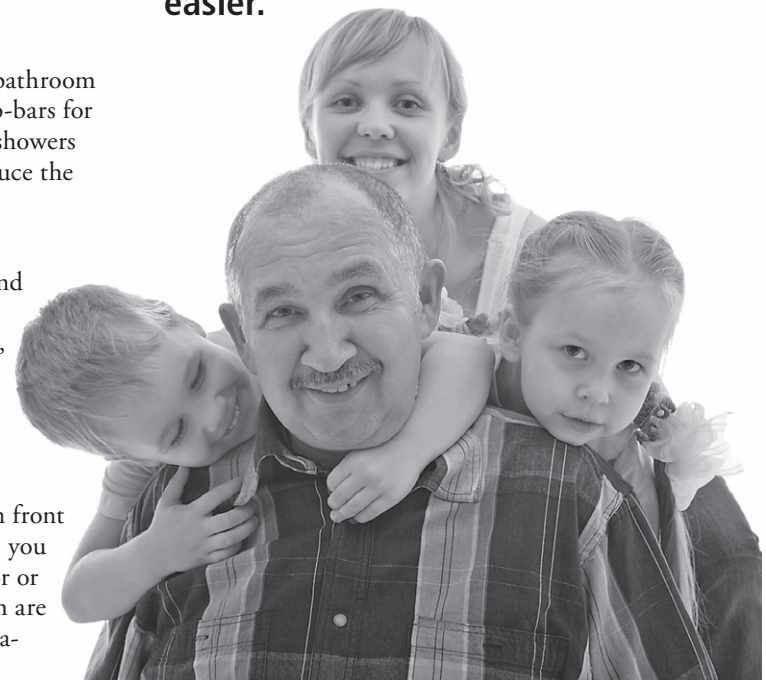
## Get a Grip

According to Centers for Disease Control and Prevention, 67 million adults will have doctor-diagnosed arthritis by the year 2030. For them, just turning a doorknob can be painfully difficult. Consider installing lever-style handles on exterior and interior doors.

## Upgrade patio doors

Patio doors tend to receive more traffic than front doors. If your patio door is due for an upgrade, you can choose the classic elegance of a hinged door or the modern convenience of a sliding door. Both are available in two-, three- or four-panel configurations to ensure a wide opening. ■

**Above all, when adapting your home, keep an eye on making your daily life easier.**



# Open Houses

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AREA	PRICE	DAY/TIMES	ADDRESS	DESCRIPTION	LISTED BY	AGENT	PHONE
Bowling Green	\$439,000	Sun 1:00-4:00	19644 Hull Prairie	5 acres + pond, custom built	DiSalle Real Estate Co.	Dan DiSalle, Jr.	419-261-4010
Crossgates	\$139,900	Sun 2:00-4:00	1518 Cherrylawn Dr.	1840 sq ft, large brms, 2 baths, move in	DiSalle Real Estate Co.	Anna Marie Wong	419-356-2829
Five Points/Norhtowne	\$49,900	Sunday 6/17/12, 12-2 pm	3701 Leybourn	4 brm, 2 bath, updates, enclosed porch, full bsmt, land contract or lease purchase	RE/MAX Central Group	Shawn Monaghan	419-350-3072
Heatherdowns	\$123,900	Sunday 1-3 pm	1737 Glen Valley	Totally remodeled, 4 brms, 2.5 baths, all lg rooms w/finished bsmt, new carpet	RE/MAX Preferred Associates	Nancy Montrie	419-350-8972
Maumee	\$205,000	1:00-2:30	6847 Heather Cove Place	4 brm, 3.5 bath, nearly 2500 sq ft, family room with WBFP, bright sunroom!	Welles Bowen Realtors	Stephen Toon	419-290-6513
Maumee	\$119,900	1:00-2:30	673 Midfield	6 brm, 2 full baths, over 2200 sq ft, gourmet kitchen w/granite countertops	Welles Bowen Realtors	James Toon	419-290-6254
Maumee/Monclova Twp	\$382,900	Sunday 2-4 pm	3862 TimberValley	5 brms, 3 1/2 bath, 3000 sq ft, fabulous new construction by Leffler Custom Homes	Key Realty	Shad Ortman	419-350-2196
Maumee	\$159,900	Sunday 1 to 4	4514 Blackstone	3 brm, 2 bath condo	Welles Bowen Realtors	Dee Cottrell	419-360-8001
Oregon	\$192,500	Sunday 1 to 3	5012 Wynnpark	Gorgeous 3 brm, 2 full bath villa, just reduced!	Welles Bowen Realtors	Mary Ann Coleman	419-343-5348
Oregon	\$99,900	Sun 12:00-2:00	3250 Eastmoreland Dr. S	Oregon Brick Ranch	DiSalle Real Estate Co.	Jim Franks	419-464-8003
Perrysburg	\$990,000	1:00-3:00	28683 E. River Rd.	4 brm, 3.5 bath, 4 fireplaces, Deep water dock! Generous sized rooms!	Welles Bowen Realtors	Chey Call	419-861-9747
South Toledo	\$226,900	Sun 12:30-2:30	2251 Townley	3 brm, brick ranch w/basement	DiSalle Real Estate Co.	Ann Mahon	419-461-4587
St. James Wood	\$199,900	Sun 2:00-4:00	7060 Regents Park	Gorgeous brick basement ranch	Welles Bowen Realtors	Roula Manton	419-410-4208
Swanton	\$289,000	1:00-4:00	1775 Hunters Ridge	3 brm, 2.5 bath, lovely layout for entertaining & much more	Welles Bowen Realtors	Shelby Myerholtz	419-877-0464
Toledo	\$109,900	2:00-4:00	3457 Beechway	3 brm & den, 1920's charm! 3 car garage, private patio, gorgeous wood thru-out	Welles Bowen Realtors	Nancy Hamilton	419-290-1715
Tremainsville	\$74,900	Sun 11:00-1:00	1362 Crestwood	Great Home! 3-4 brms, wood floors, basement	DiSalle Real Estate Co.	Terry Lynn Golden	419-297-8374
Washington Local	\$74,900	Sun 2:00-4:00	46 Pasadena	2-3 brm, 3 car garage, 80 sf frontage	Welles Bowen Realtors	Barb Porter	419-472-9199
West Toledo	\$89,900	Sun 3:00-5:00	3918 Donegal	3 brm ranch, Washington Local Schools	DiSalle Real Estate Co.	Ann Mahon	419-461-4587
West Toledo	\$87,500	Sun 2:00-4:00	5122 Regency #2	Condo, finished basement, loads of newers	Welles Bowen Realtors	Joan Rogge	419-944-3129
Whitehouse	\$224,900	Sunday 2-4 pm	6418 Jamesbrook	Just complete 3 brm split ranch, over 1700' of open floor plan, huge kitchen	Key Realty	Shad Ortman	419-350-2196

List your Open House here for as low as **\$25** per listing

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