

SPRING '13

Pan-Asian Grille  
**Balance**

Available on the  
**App Store**

## Snacks

a.k.a. appetizers. some you'd expect, and some seasonal surprises...



- |                                                                                                                                                                      |            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| <b>Famous Pork Eggroll</b>                                                                                                                                           | <b>\$2</b> |
| They really are famous. Filled with minced pork and vegetables, and fried to golden-brown and delicious status. Served with our signature Sweet & Sour sauce.        |            |
| <b>Creamy Wontons</b>                                                                                                                                                | <b>\$3</b> |
| Crab Rangoons without the fake Krab. Filled with cream cheese and veggies, fried until golden-brown, and served with our signature Sweet & Sour sauce.               |            |
| <b>Steamed Edamame</b>                                                                                                                                               | <b>\$3</b> |
| Looking for something that isn't fried? These are baby soy-beans still in the pod, steamed and seasoned with Sea Salt. Fun to eat and share, just don't eat the pod! |            |
| <b>Cluckin' Dumplings'</b>                                                                                                                                           | <b>\$4</b> |
| Hand-Made Chicken Potstickers with a wrap made of chewy, risen dough. Fried until Golden Brown and Delicious. Served with our new and improved potsticker sauce.     |            |
| <b>Beef Potstickers</b>                                                                                                                                              | <b>\$4</b> |
| These delicious purses are filled with a mix of beef and vegetables, and fried. Served with our new and improved potsticker sauce.                                   |            |
| <b>Vegan Potstickers</b>                                                                                                                                             | <b>\$5</b> |
| Flash-fried until crispy, we fill these with a mix of veggies and wrap 'em in a sea-weed shell. Served with our new and improved potsticker sauce.                   |            |

Please inform us before placing your order if you or anyone in your party has a food allergy. Because our facility prepares everything fresh from scratch, surfaces may be shared with shell-fish, nuts, wheat-products, etc.

Please note that consuming raw or undercooked meats, including beef, seafood, and poultry may increase your risk of food borne illness.

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## Spring '13 Specials

Our Chef sought out global inspiration to create this Asian-Fusion Menu of Madness. No modifications

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|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| <b>Ramen Noodles</b>                                                                                                                                                                | <b>\$8</b> |
| A collegiate classic remixed gourmet-style. A spicy home-made vegetarian broth with carrots and kale, finished with a boiled egg. Add any protein choice for \$2 additional.        |            |
| <b>Wok in the Park</b>                                                                                                                                                              | <b>\$7</b> |
| A Vegan, Gluten-Free Sauce atop a hearty mix of seasonal vegetables, tofu, and brown rice. Garnished with cilantro and scallions.                                                   |            |
| <b>BangBang Balls</b>                                                                                                                                                               | <b>\$8</b> |
| Hand-made chicken and tofu meatballs spun in our spiciest sauce: Thai BangBang. Served atop noodles with red onions and cilantro. Drizzled with a cool Yogurt Sauce.                |            |
| <b>Bombay Bomber</b>                                                                                                                                                                | <b>\$6</b> |
| Bollywood-inspired wrap featuring Grilled Chicken, Raw Onions, Tomatoes, Greens, and our Home-Made Tamarind Chutney.                                                                |            |
| <b>Taco Bello (2)</b>                                                                                                                                                               | <b>\$6</b> |
| 100% Original. 100% Balance. Indo-Chinese flavors make this Gluten-Free and Vegan taco a must-try. With Wok-Fired Portobello Mushrooms and Tamarind, topped with Kale.              |            |
| <b>Shrimp Tacos (2)</b>                                                                                                                                                             | <b>\$7</b> |
| South-American + South-Asian Fusion: Plump, Juicy Shrimp topped with Red Onions and fresh Chimichurri Sauce. <b>Gluten-Free.</b>                                                    |            |
| <b>Mushroom Trio Soup</b>                                                                                                                                                           | <b>\$4</b> |
| A light, earthy soup featuring fresh shiitake, portobello, and button mushrooms in a garlic broth. Garnished with scallions. Vegan and gluten-free for equal-opportunity enjoyment. |            |

For more information, a downloadable menu, or to place an order online, please visit our website: [www.balancegrille.com](http://www.balancegrille.com). Management reserves the right to refuse service. We do not accept restaurant.com certificates.

# Build Your Own Bowl \$6<sup>50</sup>

classic chinese flavors

**1**

**Pick Your Flavor**  
start your build with vegetables and sauce

**2**

**Add Protein**  
all natural meats or wholesome tofu

**3**

**Add Starch**  
make it complete with rice, noodles, or greens

## Wiseman

Our most popular dish starts with a garden-fresh mix of seven vegetables, and a simple Szechuan sauce. Featuring Broccoli, Corn, Carrots, Kale, Green Peppers, Mushrooms, and Water Chestnuts.

**STEP 1**

## Nuts4Pao

Served up simply with Roasted Peanuts and Fresh Scallions, and served with our spicy Kung Pao sauce.

## Four-Star

Served with plenty of Broccoli and garnished with Scallions, and comes with our tangy General Tso's sauce.

## SassyMe

Peapods and Water Chestnuts add the right crunch when served with our sweet SassyMe sauce.

## Sweet & Sour

A classic: with Carrots, Onions, Green Peppers, and Pineapple. Served with our signature Sweet & Sour sauce.

**STEP 2**

### Crispy Tofu

Fresh-cut squares fried until crispy. Give them a try!

### Grilled Chicken

Naturally raised without antibiotics or additives

### Breaded Chicken

Hand-made daily using a twenty-year old recipe

### Wok-Fired Steak

Always humanely-raised, seasoned simply with pepper

### Wok-Fired Shrimp

Plump and juicy, flash-cooked for a crisp texture

### Steamed White Rice

A classic choice: sticky perfection for your bowl

### Steamed Brown Rice

Our's is famous. Whole Grains and a nutty flavor

### House Fried Rice

Made with Eggs, Peas, Carrots, and our House Sauce

### Wok-Fired Noodles

Whole-Wheat! Flipped in the Wok with House Sauce

**STEP 3**

### Fresh Greens

Holding back on Carbs? Turn your bowl into a Salad!



## Locations

**Sylvania** 5860 W. Central Ave  
419.578.7777

Directions:



**New Hours!**  
11am - 9pm  
Everyday

**Maumee** 514 the Boulevard  
419.893.9999

Directions:



Monday - Saturday  
11am - 9pm  
Sundays  
Closed

**Fantastic Facts about our Bowls:** All five of our signature sauces are made from scratch, in-house, and are vegetarian. You are able to substitute sauces at no additional charge. We serve our sauces on the side. Our vegetables are served gently steamed.

[www.balancegrille.com](http://www.balancegrille.com)